Assessing the implementation and effectiveness of sexuality education programs in schools in Kinshasa, Democratic Republic of Congo

DAT						NT QNNAIRE MBER	
	ΟΟΜΜΥΥ	Y	STUDENT	QUESTIC	ONNAIRE		
			IDENTIF			1	
SC1	TOWNSHIP						
SC2	NEIGHBORHOOD						
SC3	SCHOOL OWNERS	HIP					
SC4	TYPE OF SCHOOL						
SC5	SCHOOL NAME						
SC6	SCHOOL ID						
SC7	RESPONDENT ID			[SCHOOL CO		STUDENT ID
SC8	STATUS OF QUEST	IONNAIRE					
		1- COMPLETE	Ð				
		2- PARTIALLY	COMPLETED				
		3- REFUSED					
		4- UNABLE TO 5- OTHER	O COMPLETE (SPECIFY)				
	SUPER NAME DATE	/ISOR					KEYED BY 1) 2)
	CODES FOR SC3: S		RSHIP:	со	DES FOR SC4:		HOOL

- 01 = STATE OWN (Government)
- 02 = CATHOLIC
- 03 = FRATERNITY
- 04 = PROTESTANT & SALVATION ARMY
- 05 = KIMBANGUIST
- 06 = ISLAMIC
- 07 = PRIVATE

- CODES FOR SC4: TYPE OF SCHOOL
- 1 01 = Boys only
 - 02 = Girls only
 - 04 = Mixed (Boys & Girls)

	SECTION 1: INDIVIDUAL CHARACTERISTICS		
NO.	QUESTIONS	ANSWERS/ CODE	
101	Are you male or female?	Male 1	
	<u>TICK ONLY ONE</u>	Female 2	
102	In what day, month and year were you born?	Day	
		Month YEAR	
103	How old were you at your last birthday?	Age (in completed years) at your last birthday	
104	Where were you born	Kinshasa 1 Another DRC province 2 Out of DRC 3 DKN 9	
105	If born out of Kinshasa, when did you come in Kinshasa <u>TICK ONLY ONE</u>	Less than 1 year11-3 years23-9 years310 years&+4Year of birth5DKN	
106	Province of origin	Kinshasa 1 Kongo Central 2 Kwango 3 Kwilu 4 Mai-Ndombe 5 Equateur 6 Tsuapa 7 Mongala 8 Sud Ubangi 9 Nord Ubangi 10 Bas Uele 11 Haut Uele 12 Ituri 13 Tsopo 14 Nord Kivu 15 Maniema 16 Sud Kivu 17 Tanganyika 18 Haut Katanga 19 Lualaba 20 Haut Lomami 21 Lomami 22 Kasai Orienta 23 Sankuru 24 Kasai central 25	

NO.	QUESTIONS	ANSWERS/ CODE
		Kasai
107	What is your religion? <u>TICK ONLY ONE</u>	Catholic
108	Do your parents alive?	Both father and mother 1
100	TICK ONLY ONE	Father only
109	Number of simblings	Number of sisters
		Number of brothers
110	Number of adolescents and youth in the household	Number of girls
		Number of boys
111	Who do you currently live with? (FOR BOARDING SCHOOL STUDENTS: tick boarding school and tick those with whom you live <u>during holidays</u>) <u>TICK ALL THAT APPLY</u>	My mother A My father B Other family members/guardian C My boyfriend/girlfriend/husband/wife D Boarding school E With friends F On my own G Other (specify:) X
112	What class are you attending this year?	
113	When did you join this school?	
114	Have you ever studied in a school belonging to another owner than this?	Yes 1 No 2 →
115	Previous school ownership	
116	Do you belong to any Youth association or Club?	Yes 1 No 2
117	Nature of the association	Faith basedASport relatedBSocial/culturalC

NO.	QUESTIONS	ANSWERS/ CODE
		Other (specify:) X

SECTION 2. REPRODUCTIVE HEALTH EDUCATION IN SCHOOL

A variety of types and forms of **reproductive health education** exist, and it may be called by some other name. Sometimes it is called Family Life Education (FLE), or HIV/AIDS education, or Life Skills, or sexuality education. In this study, reproductive health education refers to all these types of education, and is defined as any instruction about human sexual development and behavior, the process of reproduction, or relationships associated with sexual behavior and reproduction.

It may include a variety of topics, such as puberty, the male and female reproductive systems, pregnancy and childbirth, abstinence/"say no to sex" /chilling, HIV/AIDS, contraception, abortion, sexually transmitted infections (STIs), romantic and sexual relationships, making decisions about sex, violence and sexual abuse,affection, gender (including gender inequality), self esteem, youth empowerment, sexual and reproductive rights and female genital mutilation.

In this section, we would like to know more about reproductive health education in your school.

NO.	QUESTIONS	ANSWERS
201	Did you learn about any of the topics listed above in any classes, talks or activities you attended in this school during school hours (even if it's just one of these topics)? <u>TICK ONLY ONE</u>	Yes 1 No 2
lf you	didn't learn about any of these topics, skip	questions 102 to 107, and restart with question 108
202	In what classes (primary and secondary school) did you learn about any of these topics? <u>TICK ALL THAT APPLY</u>	Class 1 (Primary)AClass 2 (Primary)BClass 3 (Primary)CClass 4 (Primary)DClass 5 (Primary)EClass 6 (Primary)FClass 1 (Secondary)GClass 3 (Secondary)HClass 4 (Secondary)JClass 5 (Secondary)JClass 5 (Secondary)L
203	Would you have liked to start learning about these topics earlier, later or was it just the right timing? <u>TICK ONLY ONE</u>	Earlier 1 Later 2 The timing was just right 3

NO.	QUESTIONS	ANSWERS	
204	In which subjects did you learn about these topics?	Biology A Physical education B Religious classes C Geography D Current Issues course (Actualité) E Social Sciences F Morale & Social Ethics G New citizenships Education H Life skills I Sexual Education Course J After-classes/extracurricular programs K Other (specify)	
205	What is the frequency of Life skills/ Sexual Education course per week?	Number Not applicable 9	
	Answer questions 105 and 106 only if	you are in A MIXED SCHOOL	
206	Are the activities on reproductive health education generally mixed with boys and girls, or are boys and girls taught separately? <u>TICK ONLY ONE</u>	All activities are mixed boys and girls 1 Some activities are mixed, some separate 2 All activities separate boys and girls 3	
207	How would you <u>prefer</u> to have these activities? <u>TICK ONLY ONE</u>	Mixed (girls and boys together) 1 Some mixed, some separate 2 Girls and boys separate 3	
	Have another look at the box at the begin referring to when we ask about topics rela	ning of this section of the list of topics we are ated to reproductive health education.	
208	What do you think about the amount of time spent on these topics in your school?	There should be more time 1 The time is just enough 2 There should be less time 3	
	Question 208 is for ALL STUDENTS. Those who answered YES or NO to question 101 can answer 108.		
209	Do any of your exams include topics on reproductive health education?	Yes 1 No 2	

	SECTION 3. CURRICULUM				
	re would like to ask you more about specific topics re ou might have learned about <u>in your classes at sch</u>				
NO.	QUESTIONS		ANSW	ERS	
	This question is for all students				
301	Here is a list of topics that you may have discussed in classes/talks/activities at your school.		loorn	For each t tick if y agree I would lik learn more it	e to
	A Puberty/physical changes in body				
	B Reproductive organs				
	C Menstruation				
	D Sexual behavior				
	E Equality between men and women				
	F Pregnancy and childbirth				
	G Abortion				
	H Contraceptive methods				
	I How to use contraceptive methods				
	J Where to get contraceptive methods				
	K Sex in exchange for money or gifts				
	L HIV/AIDS				
	M Other STIs				
	N Where to access STI/HIV services				
	O Communicating within relationships				
	P Decision-making skills				
	Q Prevention of violence/sexual abuse				
	R Sexual orientation (homosexuality)				
	S Sexual and reproductive rights				
	T Say no to sex/ Abstinence /Chilling				
	U Moral issues related to sexuality				
	V Female Genital Mutilation (FGM)				
	Before moving on to question 202, make sure	e that ye	ou gave an answ	er for EACH iten	n above.
Now	return to have a look at Q101. If you answered N Q401. If you answered YES to Q101, co		· · ·		• •
302	Thinking about the classes you've attended on these topics at school, how strongly were the following messages being communicated as part of these classes?			ollowing	
	Circle the number in the column of your choice each statement.	for	Very strongly communicated	Not very strongly communicated	No message on this topic
	A. Having sex is dangerous for young people		1	2	3
	B. Don't have sex before you are married		1	2	3
	C. It is best that young people avoid having sex, but they do have sex, they should use condoms	ıt if	1	2	3

	SECTION 3. CURRICULUM			
	Now we would like to ask you more about specific topics related to reproductive health education that you might have learned about in your classes at school (in normal school hours).			
NO.	QUESTIONS	ANSWERS		
303				
	Make sure that you gave an answer for EAC	H item above before moving to the next question		
304	How useful have these classes, talks or activities on reproductive health been in helping you in your personal life?	Very useful 1 Useful 2		
	<u>TICK ONLY ONE</u>	Not very useful 3 Not at all useful 4		

SECTION 4. TEACHING METHODS AND QUALITY			
	The following questions are only for those	e who answered YES to question 101	
NO.	QUESTIONS	ANSWERS	
401	Do any of the following people ever <u>come in to</u> <u>your school</u> to teach classes, give talks or organize activities related to reproductive health	Health provider	
	topics?	Religious person	
		Life Education Sepcific Teacher	
		Other (specify:) X	
	TICK ALL THAT APPLY	Other (specify)	
		None of the above D	
		Don't know Y	
402	Generally, do you enjoy your classes or activities on reproductive health education more , less or	I usually enjoy them more	
	the same as classes on other subjects?	I enjoy them about the same 2	
	TICK ONLY ONE	I usually enjoy them less 3	
403	Have your classes, talks or other activities on topics related to reproductive health <u>at this</u>	Listening to a lecture/talk	
	school included any of the following activities?	Role playing, debate B	
		Assignments (essays, other homework)	
	TICK ALL THAT APPLY	Quizzes D	
		Small group discussions E	
		Flipcharts and drawings F	
		Art projects, theater, drama G	
		Poems, story-telling	
		Audiovisual - film, video, radio	
		Use of the internet/social media J (Facebook, Twitter, etc.)	
		Other (specify) X	

NO.	QUESTIONS	ANSWERS
404	Which of the following activities would you like to do in classes on topics related	Listening to a lecture/talk
	to reproductive health education?	Role playing, debate B
	(These could be activities that have been included in your classes, or not).	Assignments (essays, other homework)
	menudeu in your classes, or not.	Quizzes D
		Small group discussions E
	TICK ALL THAT APPLY	Flipcharts and drawings F
		Art projects, theater, drama G
		Poems, story-telling H
		Audiovisual - film, video, radio
		Use of the internet/social media J (Facebook, Twitter, etc.)
		Other (specify) X
405	Which of the following situations have most often occurred during classes or other activities that	Too many people in the class A
	include topics related to reproductive health education?	Students not paying attention or disrupting the class B
		Students embarrassed to talk about reproductive health topics
	<u>TICK ALL THAT APPLY</u>	Students are excited to learn about reproductive health education
		Teacher embarrassed to talk about reproductive health topics
		Teacher doesn't know enough about the topic F
		None of the above G
406	Have you ever wanted to ask a question in class about reproductive health but did not ask it?	Yes, I was too embarrassed to ask A
	Why not?	Yes, there was not enough time B
	TICK ALL THAT APPLY	Yes, because I thought the teacher would not know the answer
		Yes, I was afraid to offend or embarrass someone
		Yes, I was afraid the teacher or students would shut me down
		Yes, because the students or the teacher were not listening

NO.	QUESTIONS	ANSWERS
		No, I have never had a question that I didn't ask G

	SECTION 5. REPRODUCTIVE HEALTH EI	DUCATION OUTSIDE OF SCHOOL
NO.	QUESTIONS	ANSWERS
501a	Have you received information on reproductive health topics from any of the following sources?	Have you received information? (circle your answer)
	A. Father	Yes No
	B. Mother	Yes No
	C. Sister	Yes No
	D. Brother	Yes No
	E. Grandparents	Yes No
	F. Other relative	Yes No
	G. Friend	Yes No
	H. Girlfriend/boyfriend	Yes No
	I. School (teacher, counselor, activity, etc.)	Yes No
	J. After-school program	Yes No
	K. Trained peer	Yes No
	L. Outreach worker	Yes No
	M. Priest, Imam or other religious figure	Yes No
	N. Health center/ family planning center/hospital	Yes No
	O. Youth center	Yes No
	P. Other community center	Yes No
	Q. Books/pamphlets/magazines	Yes No
	R. Internet/ Social media (Facebook, Twitter, etc.)	Yes No
	S. Radio or TV	Yes No
	T. Other (specify)	Yes No
	Make sure that you gave an answer for EACH item	above before moving to the next question.
501b	Now look at all the sources you said you get information f Which 3 sources do you use the most? Write the corresponding letter in the boxes for your 1st, 2 can only include resources for which you circled YES 1st most used source 2nd most u source	nd and 3rd choices. Remember these in the previous question.

NO.	QUESTIONS	ANSWERS				
502	What types of activities have you participated in outside of your normal school hours that include topics related to reproductive health? <u>TICK ALL THAT APPLY</u>	Seminars/talks. A Workshops. B Debates. C Peer education groups. D Theater. D Role-play. F Other community activities. G Other (specify) X I have not participated in any activities outside of school. H				
	The students who checked the last box above (never participated in any activities outside school) SKIP question 6 <u>03</u> , and will CONTINUE to question <u>701.</u>					
503	How often do you participate in these activities outside of school hours ? <u>TICK ONLY ONE</u>	At least once a week 1 At least once a month 2 Every few months 3 Once or twice a year 4 Less than once a year 5				

SECTION 6. GENERAL OPINION ABOUT REPRODUCTIVE HEALTH EDUCATION					
TI	Below there are a few questions about your general opinion on reproductive health education. There are no right or wrong answers, we simply want to better understand the views of students in this school.				
NO.	QUESTIONS	ANSWERS			
601	In your opinion, should reproductive health education be taught in school? <u>TICK YES OR NO</u>	Yes 1 No 2			
		should not be taught in schools, SKIP question			
	402 and continue with question 403.				
602	Only for those who said <u>YES</u> to question 401:	These topics are just as important as other topics			
	In your opinion, why should it be taught in school?	Parents don't teach us B			
		We need to know how to prevent unwanted pregnancies			
	TICK ALL THAT APPLY	We need to know how to avoid getting HIV/AIDS or other STIs			
		We need to learn how to resist pressure			
		To understand how our body works F			
		Other reason:			
		Specify			
603	Only for those who said <u>NO</u> to question 401:	Religious beliefs			
	In your opinion, why should it <u>not</u> be taught in schools?	Cultural beliefs/it's taboo B			
		Parents should teach children about these topics, not teachers			
		The subject is not appropriate for our age			
	<u>TICK ALL THAT APPLY</u>	Learning about this will encourage young people to have sex			
		No reason F			
		Other reason X			
		SPECIFY			
	ALL students continue with question 404				
604	Do you think your parents support reproductive health education being taught in school?	Yes 1 No 2			
	<u>TICK YES OR NO</u>				

SECTION 7. KNOWLEDGE

Now we want to ask what you know about specific topics around reproductive health. We remind you that all your answers will be kept CONFIDENTIAL and will not be shared with anyone outside the research team					
NO.	QUESTIONS	ANSWERS			
	HIV/AIDS and STIs				
701	What are the ways that a person can get HIV?	Having unprotected sex with someone who has HIV			
	TICK ALL THAT APPLY	From injecting a needle that was already used by someone with HIV B			
		From mosquito bites			
		Transmission from mother to child			
		Shaking hands with an infected person E			
		Receiving blood [transfusion] from an infected person F			
		Bad omen/Curse/Chira/Witch craft G			
		Other X			
		(SPECIFY) Don't know			
702	How can a person reduce his or her chances	someone who has HIV A From injecting a needle that was already used by someone with HIV B From mosquito bites C Transmission from mother to child D Shaking hands with an infected person E Receiving blood [transfusion] from an infected person F Bad omen/Curse/Chira/Witch craft G Other X (SPECIFY) Y			
	of getting HIV? <u>TICK ALL THAT APPLY</u>				
		By having only one sexual partner			
703	Do you know a place where you can go to get an HIV test?				
	TICK YES OR NO	No 2			

NO.	QUESTIONS	ANSWERS	 _
	Pregnancy and Contraceptives		
704	Have you heard about any of the following ways to prevent pregnancy?	Oral contraceptive pill	A
		Condoms	В
		Injectables (Depo Provera)	С
	TICK ALL THE METHODS YOU	Intra-uterine devices (IUDs, coils)	D
	<u>HAVE HEARD OF</u>	Implants (Jadelle, Implanon)	E
		Emergency contraceptives (E-pill, morning after pill)	F
		Female sterilization	G
		Male sterilization (vasectomy)	Н
		Withdrawal	I
		Rhythm (having sex only during the safe days)	J
705	Where did you hear for the first time about	Friends	A
	the following modern contraception methods: Injectables, Implants, IUDs	Boy/Girl Friend	В
		Parents	С
		Sibling	D
		Sexual Education Course	E
		Media (TV/ radio/ News papers)	F
		Church	G
		Youth Association	Н
		Other	Х
		Don't Know about	Z
706	Where did you hear for the first time about the following modern contraception methods:	Friends	А
	Sterilization (Male/ Female)	Boy/Girl Friend	В
		Parents	С
		Sibling	D
		Sexual Education Course	E
		Media (TV/ radio/ News papers)	F
		Church	G
		Youth Association	Н
		Other	Х

NO.	QUESTIONS	ANSWERS	
		Don't Know about	Ζ
706	Where did you hear for the first time about	Friends	A
	condom	Boy/Girl Friend	В
		Parents	С
		Sibling	D
		Sexual Education Course	E
		Media (TV/ radio/ News papers)	F
		Church	G
		Youth Association	Н
		Other	Х
		Don't Know about	Z
707	Where did you hear for the first time about	Friends	A
	traditional contraception methods: Rhythm, Withdrawal	Boy/Girl Friend	В
		Parents	С
		Sibling	D
		Sexual Education Course	E
		Media (TV/ radio/ News papers)	F
		Church	G
		Youth Association	Н
		Other	Х
708	Do you know a place where you would feel	Yes	1
	comfortable going on your own to get a contraceptive method to avoid pregnancy?	No	2
	TICK YES OR NO		
709	Do you know a place where you would feel	Yes	1
	comfortable going to get condoms on your own?	No	2
	TICK YES OR NO		

	SECTION 8. ATTITUDES AND BEHAVIOR			
NO.	QUESTIONS	ANSWERS		
801 In general, do you agree or disagree with the following statements?		TICK ONE F	OR EACH STAT	<u>TEMENT</u>
		AGREE	DISAGREE	PREFER NOT TO ANSWER
	A Most of the time, when girls say "no" to sex they really mean "yes".			
	B Young people who carry condoms with them are promiscuous or unfaithful.			
	C Using a condom is a sign of not trusting your partner.			
	D If someone I knew had HIV/AIDS, I would still be his or her friend.			
	E Making contraceptive methods available to young people encourages them to have sex.			
	F Having consensual and protected sex with someone you love is a good thing.			
	G It is wise for a female student who does not want to become pregnant to use a contraceptive method.			
	H It is acceptable for a man to beat his partner if she refuses to have sex with him.			
	I It is acceptable for unmarried girl or boy to have masturbation than sexual inetrcourse			
	J Sexual relationships should only be between a man and a woman.			
802	Are students in your school allowed to carry condoms with them while at school?	Yes, they are allowed 1 No, they are not allowed 2 I don't know 8		2
803	If you had a boyfriend or girlfriend:	TICK ONE FOR EACH STATEMENT		<u>TEMENT</u>
	A Could you ask him or her to use a condom during sex?	YES		
	B Could you ask him or her if they have ever had a test for HIV?			
804	Do you know a place or person you would be comfortable going to if you have been victim of sexual abuse or violence?			
	TICK YES OR NO			

NO.	QUESTIONS	ANSWERS		
805	Thinking about the following statements, please answer whether you have never felt this way, sometimes feel this way or always feel this way in this school.			
	Never Sometimes Always			
	A. I feel safe expressing myself in front of other students and teachers at this school.			
	B. I fear that other students or teachers may make fun of me/tease me at school.			
	C. I am afraid that other students will physically hurt me.			
806	Is there anything else you'd like to tell us that might help us better understand the situation regarding health, reproductive health, sexuality or HIV/AIDS education in your school? If so, please write it here:			
Thank you for participating				