

**AFRICAN POPULATION AND HEALTH RESEARCH CENTER
HEALTH CHALLENGES AND SYSTEMS PROGRAM
MATERNAL, INFANT AND YOUNG CHILD FEEDING PROJECT
ANTHROPOMETRIC MEASUREMENTS FOR MOTHER AND BABY**

FW: THIS MODULE SHOULD BE COMPLETED WITH THE MOTHER/CARER OF THE CHILD

12.0 ANTHROPOMETRIC MEASUREMENTS

Now I would like to take anthropometric measurements of you (and your baby).

1.0 VILLAGE OF RESIDENCE (CODESHEET B5) [][][][]

1.7 MOTHER'S NAME..... []

1.8 MOTHER'S ID []

4.1 RECORD CHILD'S NAME..... []

4.1b RECORD CHILD'S ID..... []

12.1 START TIME (24HRS) [][][][]

12.1a DATE (dd/mm/yyyy) [][][][][][][][][]

12.2 Is the respondent the mother of the child? Yes..... 1
CIRCLE AS APPROPRIATE No..... 2

LENGTH / HEIGHT MEASUREMENT

**FW: FOR ALL HEIGHT MEASUREMENTS, TAKE TWO MEASUREMENTS AND RECORD THE AVERAGE;
IF THE TWO READINGS DIFFER BY 1CM OR MORE, DISREGARD MEASUREMENTS AND REPEAT PROCESS**

12.3 ENTER THE MEASURED **LENGTH** OF THE CHILD (TO THE NEAREST 0.1CM)

| | | |
|--------------------|--------------------|----------------|
| 1st Reading | 2nd Reading | Average |
| [][][][] | [][][][] | [][][][] |

CHECK 12.2, IF 2 SKIP TO 12.4

12.9 ENTER THE **HEIGHT OF THE MOTHER** IN CM (TO THE NEAREST 0.1CM)
(REFER TO INSTRUCTIONS AND ILLUSTRATION IN YOUR MANUAL)

| | | |
|--------------------|--------------------|----------------|
| 1st Reading | 2nd Reading | Average |
| [][][][] | [][][][] | [][][][] |

WEIGHT MEASUREMENT

**FW: FOR ALL WEIGHT MEASUREMENTS, TAKE TWO MEASUREMENTS AND RECORD THE AVERAGE;
IF THE TWO READINGS DIFFER BY 0.5KG OR MORE, DISREGARD MEASUREMENTS AND REPEAT PROCESS**

WEIGHT OF THE CHILD WILL BE DERIVED BY SUBTRACTING THE WEIGHT OF THE MOTHER/CARER FROM THE COMBINED WEIGHT OF THE MOTHER/CARER AND CHILD PAIR.

12.4 ENTER THE WEIGHT OF THE MOTHER/CARER IN KG

1st Reading
 .

2nd Reading
 .

Average
 .

12.5 ENTER THE COMBINED WEIGHT OF THE MOTHER/CARER AND THE CHILD IN KG

1st Reading
 .

2nd Reading
 .

Average
 .

12.6 ENTER THE WEIGHT OF THE CHILD IN KG

1st Reading
 .

2nd Reading
 .

Average
 .

MID- UPPER ARM CIRCUMFERENCE

**FW: FOR ALL MUAC MEASUREMENTS, TAKE TWO MEASUREMENTS AND RECORD THE AVERAGE;
IF THE TWO READINGS DIFFER BY 0.5 CM OR MORE, DISREGARD MEASUREMENTS AND REPEAT PROCESS**

FW: FOR CHILDREN, ONLY TAKE MUAC FOR CHILDREN AGED 6 MONTHS AND ABOVE

12.7 **FOR CHILD:** ENTER THE MEASURED CIRCUMFERENCE (TO THE NEAREST 0.1CM)

1st reading
 .

2nd Reading
 .

Average
 .

12.10 **FOR MOTHER:** ENTER THE MEASURED CIRCUMFERENCE (TO THE NEAREST 0.1CM)

1st reading
 .

2nd Reading
 .

Average
 .

12.8 HAS (NAME) BEEN REFERRED TO A NUTRITIONAL CENTER?
CIRCLE THE APPROPRIATE RESPONSE

Yes..... 1
No..... 2

| | |
|--|---|
| 7.1 MOTHERS BLOOD PRESSURE MEASUREMENTS | |
| Now I would like to measure your blood pressure and pulse rate. Stay seated, and once I put the machine on your arm keep it steady. I will need to take the blood pressure reading three times. It will squeeze your wrist a bit, but won't hurt. | |
| FW: RESPONDENT SHOULD REMAIN SEATED. PLACE THE MONITORING DEVICE ON THE UPPER ARM FOLLOW THE INSTRUCTIONS IN YOUR MANUAL ON TAKING THREE CONSECUTIVE MEASUREMENTS OF BLOOD PRESSURE. TRANSFER THE READINGS FROM THE DISPLAY INTO THE APPROPRIATE BOXES BELOW IT IS IMPORTANT THAT THE RESPONDENT IS RELAXED, SO MAKE HIM/HER RELAX | |
| 7.11 | 1st BP Reading a Systolic <input type="text"/> <input type="text"/> <input type="text"/> b Diastolic <input type="text"/> <input type="text"/> <input type="text"/> c Pulse rate <input type="text"/> <input type="text"/> <input type="text"/> per minute |
| 7.12 | 2nd BP Reading a Systolic <input type="text"/> <input type="text"/> <input type="text"/> b Diastolic <input type="text"/> <input type="text"/> <input type="text"/> c Pulse rate <input type="text"/> <input type="text"/> <input type="text"/> per minute |
| 7.13 | 3rd BP Reading a Systolic <input type="text"/> <input type="text"/> <input type="text"/> b Diastolic <input type="text"/> <input type="text"/> <input type="text"/> c Pulse rate <input type="text"/> <input type="text"/> <input type="text"/> per minute |
| 7.14 | Average reading a Systolic <input type="text"/> <input type="text"/> <input type="text"/> b Diastolic <input type="text"/> <input type="text"/> <input type="text"/> c Pulse rate <input type="text"/> <input type="text"/> <input type="text"/> per minute |
| 13.0 ENDINGS | |
| 13.8 | RECORD ANY GENERAL COMMENTS <hr/> <hr/> <hr/> |
| | END TIME (24 HRS) <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> |