

UNDERSTANDING RESILIENCE IN LATER LIFE IN LOW RESOURCE SETTINGS  
TOPIC GUIDE FOR QUALITATIVE IN-DEPTH INTERVIEWS

- **Brief migration history**
  - For how many years has respondent ‘aged in place’ in Viwandani / Korogocho?
  
- **Respondent’s experience of ageing, getting older in Viwandani / Korogocho**
  - What is R’s overall perspective on getting older in Viwandani / Korogocho?
  - What are positive aspects?
  - What are challenges? What is biggest challenge?  
(probe: declining function, bereavement, other ‘social losses’?)
  
- **Perceptions and experience of (not)coping with challenges**
  - Does R feel s/he is coping / not coping with challenges?
  - How does R understand ‘coping’? not coping? what does each entail?
  - What rationales/perspectives underlie R’s understandings?
  
  - How does coping/not coping manifest?  
(can R describe of examples of older people who are coping/not coping)?
  
- **Factors fostering/hindering ‘coping’**
  - What helps R in coping with challenges?  
(probe: inner ‘strength’, values?; close bonds – social support?; external resources? )
  - What hinders R in coping well?  
(what would R need to enable him/her to cope better?)