



# KENYA MEDICAL RESEARCH INSTITUTE

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KEMRI/RES/7/3/1

MARCH 28, 2008

**FROM:** SECRETARY, KEMRI/National Ethical Review Committee

**THRO':** Dr. Eliya Zulu,  
Deputy Director/Director of research  
APHRC

**TO:** Ms. Joanna Crichton (Principal Investigator)

**RE:** **NON-SSC No. 065:** Research and feasibility study to explore menstrual practices and investigate the suitability of menstrual cups of adolescent girls and women in Kenya.

Dear Madam,

This is to inform you that during the 152nd meeting of KEMRI/National Ethical Review Committee held on 25th MARCH 2008, the above referenced study was reviewed.

We acknowledge receipt of the following documents:

1. The Study proposal
2. Appendix I: The African Population and Health research Centre brochure
3. Appendix II: Roles of research staff and resumes
4. Appendix III: Menstrual cup use protocol
5. Appendix IV: Informed consent Document (ICD) for in-depth interview participants, FGD in English and Kiswahili for the in-depth interview only.
6. Appendix V: Field guides for Phase 1 which are 6.

Thank you for **informative proposal** whose overall aim is to promote the reproductive health education rights of adolescents girls and women by tackling problems associated with menstruation and by improving access to appropriate menstrual products.

Due consideration has been given to ethical issues and the study is granted approval from today the 28<sup>th</sup> MARCH 2008 to MARCH 27<sup>th</sup> 2009.

Please note that any changes to the research study must be reported to the Scientific Steering Committee and to the Ethical Review Committee prior to implementation. This includes changes to research design, equipment, personnel, funding or procedures that could introduce new or more than minimum risk to research participants.

Respectfully,

*R. C. Kithinji*

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For: Secretary,

**KEMRI/NATIONAL ETHICAL REVIEW COMMITTEE**