

AFRICAN POPULATION & HEALTH RESEARCH CENTER (APHRC)  
ORPHANS AND VULNERABLE CHILDREN (OVC) PROJECT  
PSYCHO-SOCIAL WELLBEING SURVEY: CHILD QUESTIONNAIRE

<b>1.0</b>	<b>BACKGROUND</b>									
1.1	START TIME <span style="float: right;"> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> </span>									
1.2	FIELD WORKER'S CODE <span style="float: right;"> <input type="text"/> <input type="text"/> </span>									
1.3	DATE OF INTERVIEW (DD/MM/YYYY) <span style="float: right;"> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> </span>									
1.4	CHILD'S FULL NAME .....									
1.5	CHILD'S AGE <span style="float: right;"> <input type="text"/> <input type="text"/> </span>									
1.6	CHILD'S GENDER      M=MALE      F=FEMALE <span style="float: right;"> <input type="text"/> </span>									
1.7	CHILD'S ID <span style="float: right;"> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> </span>									
1.8	CHILD'S HOUSEHOLD ID <span style="float: right;"> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> </span>									
1.9	FULL NAME OF THE HOUSEHOLD HEAD .....									
1.10	ID OF THE HOUSEHOLD HEAD <span style="float: right;"> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> </span>									
1.11	LOCATION ID <span style="float: right;"> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> </span>									
<b>INTRODUCTION</b>										
<p><b><i>Introduce the study and the book</i></b></p> <p>Hello! My name is... I'm currently working for APHRC. I am talking with children like you in this community in order to find out their daily experiences living in this community. Everything you tell me will be confidential and your name will not be used in any report in connection with any of the information you tell me. Therefore I would like you to feel free to talk to me. I am going to tell you the story about Juma/Maria using this book, and you are going to tell me the story about your life. I will ask you some questions to help you tell me about your story. If you accept to participate, I will explain to you how you will tell me the story about your life. But if you do not want to tell me about your life, you are free to make that choice.</p> <p>Do you accept to participate?      1=Yes      2=No <span style="float: right;"> <input type="text"/> </span></p> <p>Now, let's talk about different things that children do, like going to school, being with friends, and I will also ask you about some of the problems/difficulties that you face in your life. I would like you to tell me how often some of the things that happen using these sticks to help explain better. You will tell me whether these things happen to you always/everyday, often, sometimes or they never happen at all.</p> <p><b><i>( Put out your sticks and matching sheet)</i></b></p> <p>So, if something does not happen at all, you will choose the smallest stick (<i>Demonstrate</i>)...Can you now match these other sticks with the ones drawn on this sheet? (<i>Label each stick as child matches</i>)...(Clear the sticks)...So for example if I ask you to pick a stick that shows how much you like to eat chips, which stick would you choose? ...(Put a label on the stick as the child chooses)... How about the stick that shows how often you actually eat chips?...( Put a label on the stick the child chooses).</p> <p>How often do you like to eat pepper?...How often do you actually eat pepper?...So if I ask you how often something happens, you can choose the stick that matches how often it happens or you can show me from this sheet the stick that shows how often the things we will talk about happen.</p> <p>So that I can know if you have understood, please tell me what you like doing always/everyday....which stick indicates how often this happens?</p> <p>Next, please tell me something that never happens....which stick indicates this?</p>										
<b>2.0</b>	<b>FREEDOM FROM EXPLOITATION</b>									

## DAILY DIARY

(Show picture of Juma/Maria's daily activities)

*Have a look at this picture, it shows us activities that Juma/Maria is involved in everyday. What do you see Juma/Maria doing? (Interviewer shows pictures of Juma/Maria and they tell the story with the child)*

*How is your day like? Is it like Juma/Maria's or it is different?*

*For example, how did your day start yesterday? (Divide the day into 8-10 stages so that the child talks about a range of different activities covering meals/education/household activities/play/rest.)*

*Is that how your day usually starts? (IF NO ASK HOW THE DAY STARTS) ....Then...what do you do next.....?*

IF YESTERDAY WAS A WEEKDAY, INQUIRE ABOUT WEEKEND AND VICE VERSA

JOT DOWN ACTIVITIES IN SPACES PROVIDED AND THEN CODE AS APPROPRIATE BELOW

Weekday

.....

.....

.....

.....

.....

Weekend (Indicate which day here.....)

.....

.....

.....

.....

.....

IF ANY OF THE ACTIVITIES BELOW WAS MENTIONED, CIRCLE '1'

Weekday

Weekend

	Yes	No
1. Food	1	2
2. Education	1	2
3. Play	1	2
4. Chores	1	2
5. Rest	1	2

	Yes	No
1. Food	1	2
2. Education	1	2
3. Play	1	2
4. Chores	1	2
5. Rest	1	2

*For the following questions, please tell me how often these things happened in the last one, two weeks. Tell me if they happened always/everyday, often, sometimes or they never happened at all.*

1=Never; 2=Sometimes; 3=Often; 4=Always/everyday; 8=Don't Know

CIRCLE AS APPROPRIATE

In the last one, two weeks, how often would you say that...

2.1	You have gone to school?	1	2	3	4	8	
2.2	You have gone to school late?	1	2	3	4	8	
2.3	You have missed to go to school?	1	2	3	4	8	

	1=Never; 2=Sometimes; 3=Often; 4=Always/Everyday; 8=Don't Know					
	In the last one, two weeks, how often would you say that...					
2.4	You have enough time to play (outside school)?	1	2	3	4	8
2.5	You have enough time to rest at home?	1	2	3	4	8
2.6	You feel bothered because of being given a lot of work at home?	1	2	3	4	8
3.0	<b>AFFECT/BEHAVIOUR</b>					
	<b>A. Happiness and Sadness</b> (Show picture of football with trophy)  <i>This is Juma/Maria. He/she is celebrating his/her team's victory in a match. In this picture we see him/her happy because he/she is laughing.....</i>					
3.1	Please tell me some things in you life that make you happy?  <b>DO NOT READ LIST. RECORD RESPONSES HERE AND CIRCLE ALL RESPONSES MENTIONED ON THE RIGHT</b>  ..... ..... ..... ..... ..... ..... ..... ..... ..... .....	Playing sports/ children games a School/Education/reading b Gifts / Money/new things(clothes, shoes) c Traveling (visiting friends, relatives, places, d Cinema/ videos/ movies/Radio/ songs e Going to church / mosque f Eating g Responsibilities /Work h Roaming around j Spending time with parents k Jokes /Stories/Laughing l Other Hobbies (art/writing/singing/acting/ m making things) Nothing n Don't Know o Other p				
	In the last one, two weeks, how often would you say that...					
3.2	You laughed a lot?	1	2	3	4	8
3.3	What things do you expect to happen in the next few months?  <b>DO NOT READ LIST. RECORD RESPONSES HERE AND CIRCLE ALL RESPONSES MENTIONED ON THE RIGHT</b>  ..... ..... ..... ..... ..... ..... ..... ..... .....	Learn new skill/enrol for a course a Excel/advance in school b Play c Travel/Visit d Get new things(job/clothes/house/gift/baby) e See somebody special f Special event g Rest/stay home h Be able to help family j Nothing k Don't Know l Other m				

1=Never; 2=Sometimes; 3=Often; 4=Always/Everyday; 8=Don't Know  (Show picture of sad child after returning home) <i>After winning in the match, Juma/Maria went back home and found bad news. In this picture, we see him/her sad because his/her brother/sister is sick...</i>  In the last one, two weeks, how often would you say that...							
3.4	You felt sad/unhappy?	1	2	3	4	8	
3.5	(Sometimes when someone is too sad they can cry...)  How often would you say that you cried?	1	2	3	4	8	
<b>B. Worries</b>  (Show picture of Juma/Maria seated and deeply thinking)  In this picture, we see Juma/Maria full of worries/in deep thoughts. Please tell me, do you get worried like Juma/Maria sometimes?							
3.6	What things make you worried?  <b>FW: WRITE THINGS THAT WORRY THE CHILD HERE AND CODE ON THE RIGHT</b> ..... ..... ..... ..... ..... ..... ..... ..... .....	Lack of money/food/school needs etc Discipline /Abuse (self/ others) Sickness (self/ others) Death (Self/others) Backbiting/discrimination/injustice Friendships/Relationships Safety/Security at home/Neighbourhood Burdens/ Chores School work/performance/homework Nothing Don't Know					a b c d e f g h j k l
3.7	How often do you think about these things/do you get worried of these things?	1	2	3	4	8	
<b>CIRCLE AS APPROPRIATE</b>  In the last one, two weeks, how often would you say that...							
3.8	You had problems falling asleep?	1	2	3	4	8	
3.9	You felt like crying because of worries?	1	2	3	4	8	
3.10	Normally, what do you do when you are worried?  <i>If necessary, probe...(sometimes when children are worried, they talk to someone about their worries, or cry...Please tell me, what do you do?)</i>  <b>DO NOT READ LIST, ONLY ONE RESPONSE IS POSSIBLE, IF MORE THAN ONE RESPONSE, ASK THE CHILD WHAT THEY DO MOST OF THE TIME</b>	Talk to somebody in the household Talk to somebody outside household Cry Ignore the problem Pray Nothing (Keep it to myself) Deal with the problem directly Sleep Stay alone Keep busy doing other things Other(Specify.....)					a b c d e f g h i j k

1=Never; 2=Sometimes; 3=Often; 4=Always/Everyday; 8=Don't Know						
<b>C. Social Relationships</b>						
(Show Picture of children playing marbles and skipping rope)						
<i>These are Juma/Maria's friends playing, but Juma/Maria is not playing with them because he/she feels they do not want him/her to play with them...</i>						
<b>How often would you say that...</b>						
3.11	You play with other children?	1	2	3	4	8
3.12	Other children pick on you/backbite you/discriminate against you?	1	2	3	4	8
3.13	You feel you are different from other children?	1	2	3	4	8
3.14	You have difficulty making friends?	1	2	3	4	8
3.15	You prefer to be alone, instead of playing with other children	1	2	3	4	8
3.16	You fight with other children?	1	2	3	4	8
<b>D. Anger and Joy</b>  (Show a picture of food preparation)  <i>Here, Juma/Maria is very annoyed because his/her mother has not finished preparing food yet he/she is getting late to go back to school...</i>						
3.17	What things make you very angry?  <b>FW: WRITE THINGS THAT MAKE THE CHILD VERY ANGRY HERE AND CODE ON THE RIGHT</b> ..... ..... ..... .....	Lack of money/food/school needs etc Discipline /Abuse (self/ others) Backbiting/discrimination/injustice Burdens/ Chores School work/performance/homework Nothing Don't Know Other	a b c d e f g h			
<b>In the last one, two weeks, how often would you say that...</b>						
3.18	You got very angry?	1	2	3	4	8

4.0	<b>ABUSE</b>					
	<p>1=Never; 2=Sometimes; 3=Often; 4=Always/Everyday; 8=Don't Know</p> <p><b>A. Physical Abuse</b></p> <p><b>How often would you say that...</b></p>					
4.1	You get along well with your parents/caregiver?	1	2	3	4	8
4.2	You feel loved or wanted by your parents/caregiver?	1	2	3	4	8
4.3	You quarrel or fight with:					
	a Parents/caregiver?	1	2	3	4	8
	b Adults at home?	1	2	3	4	8
	c Children at home?	1	2	3	4	8
4.4	You feel that people are unfair to you/mistreat you at home?	1	2	3	4	8
4.5	You feel free to do the good things you like doing like playing?	1	2	3	4	8
	<p><b>(Show Picture of Juma/Maria's friend Daudi/Fatuma)</b></p> <p><i>This is Daudi/Fatuma, Juma/Maria's friend. He/she went to a cinema and came back at 10 oclock at night. His/her father/mother had told him/her not to go but he/she hid and went. When he/she came back at 10 oclock at night, he/she was beaten by his/her faher/mother and was told to sleep outside because he/she disobeyed...</i></p> <p>What did staying out all night expose him/her too?</p> <p>How has your parent tried to protect you against these dangers?</p> <p>Have ever found yourself in danger? Where?</p> <p>David's father was trying to protect him, but instead he/she fiercely beat him/her up and made him/her sleep outside...</p> <p><b>How often would you say that...</b></p>					
4.6	you have found yourself in danger?	1	2	3	4	8
4.7	Your parents/caregiver talk to your about not doing dangerous things like fighting, stealing, smoking, using drugs, coming home late etc?	1	2	3	4	8
4.8	Adults in your household send you to buy or to take to someone else things like cigarettes, beer, chang'aa, miraa?	1	2	3	4	8
4.9	Adults in your household beat you?	1	2	3	4	8
4.10	Other people in the community beat you?	1	2	3	4	8
4.11	<p>You are disciplined in other ways other than beating?</p> <p><b>(Use story of David/Fatuma to give examples of other ways of discipline/abuse e.g. biting, being denied things e.g. food etc)</b></p>	1	2	3	4	8

	1=Never; 2=Sometimes; 3=Often; 4=Always/Everyday; 8=Don't Know				
	How often would you say that...				
4.12	You are forced to sleep outside?	1	2	3	4 8
4.13	You parents/caregiver are very harsh when they discipline you?	1	2	3	4 8
4.14	You stay alone in the streets the whole day?	1	2	3	4 8
	1=Never; 2=Sometimes; 3=Often; 4=Always/Everyday; 8=Don't Know  <b>B. Sexual abuse</b>  We are going on with the story of Juma/Maria' One day, Juma/Maria came back from school at night and something scaring happened to him/her. Someone in their community suddenly appeared and attempted to rape him/her. Juma/Maria screamed and fought him until he was able to escape and run home...  (Probe: How often are you forced to things that you do not want to do?)  How often would you say that...				
4.15	You have ever been touched by a grown-up in a way you do not like? (If necessary ask where and why they didn't like)	1	2	3	4 8
4.16	You have been told to touch a grown-up in a way you do not like?	1	2	3	4 8
4.17	You have had sex with a grown up/you have been raped by a grown-up?	1	2	3	4 8
4.18	A grown-up has attempted to rape you?	1	2	3	4 8
<b>5.0</b>	<b>FEARS</b>				
	Children fear different things, what are the things you fear most...For example Juma/Maria fears to stay outside at night...  How often would you say that...				
5.1	You feel scared?	1	2	3	4 8
5.2	You feel safe within your home	1	2	3	4 8
5.3	You feel safe in the community	1	2	3	4 8
5.4	You have nightmares/bad dreams?	1	2	3	4 8
5.5	You feel like running away from home?	1	2	3	4 8
5.6	You have ever run away from home?	1	2	3	4 8
					→6.0

5.7	Why did you/do you run away?  <b>MORE THAN ONE RESPONSE IS POSSIBLE. CIRCLE ALL RESPONSES MENTIONED</b>	Violence in the house (others)      a Discipline/Abuse (self)                b Responsibilities .....                    c Lack of necessities e.g food            d For fun .....                                e No reason given .....                    f Other(specify).....                        g	
6.0	<b>SHELTER AND CARE</b>		
	<b>A. Shelter</b>  (Show a picture of Juma/Maria and Brother/Sister sleeping on a mat)  <i>This is Juma/Maria's picture at home . He/she stays with his/her family in the same house. In this picture, we see Juma/Maria and his/her brother/sister sleeping on a mat. On the other side near the mat, we see a box where Juma/Maria puts his/her things. ...What do you think he/she puts in the box?</i>		
6.1	Do you normally have somewhere to sleep?	Yes    1 No    2	
6.2	What do you normally sleep on?  <b>ONLY ONE RESPONSE IS APPLICABLE. CIRCLE THE APPROPRIATE RESPONSE. IF MORE THAN ONE OPTION IS GIVEN, ASK FOR THE MOST REGULAR</b>	Bed and mattress                            01 Bed without mattress                        02 Mattress on the floor                        03 Couch/Sofa                                    04 Mat (on the floor)                            05 Plastic sheet/other sheet (on floor)       06 Bare floor                                       07 Other(Specify.....)                        96	
6.3	Do you have you own things e.g. clothes, shoes, toys, school items?	Yes    1 No    2	→ 6.5
6.4	Please tell me what things you have?	Clothes     a Shoes    b Books/Pen/Stationery                       c Toys/Playing items                           d Uniform                                        e Bag    f Bicycle     g Furniture                                        h Electronics                                    j Others.....                                    k	



<p>1=Never; 2=Sometimes; 3=Often; 4=Always/Everyday; 8=Don't Know</p> <p><b>B. CARE</b></p> <p>(Point to the picture of Juma/Maria and his/her brother/sister sharing a bed again)</p> <p><i>When they go to sleep, Juma/Maria likes to discuss with his/her brother/sister about things that happened during the day for example things that happened in school, things that made him/her scared etc...</i></p> <p>(Probe: Whom do you live with?)</p> <p>How often would you say that...</p>							
6.5	You feel loved by those you live with in your household?	1	2	3	4	8	
6.6	<p>Whom do you talk to first when you have problems/worries?</p> <p><b>(RELATIONSHIP TO CHILD)</b></p> <p><b>ONLY ONE RESPONSE IS POSSIBLE. DO NOT READ OUT THE RESPONSES</b></p>	<p>Mother 01</p> <p>Father 02</p> <p>Guardian 03</p> <p>Guardian's husband/wife/relative 04</p> <p>Blood brother/sister 05</p> <p>Step-, foster siblings 06</p> <p>Friends, other children 07</p> <p>Neighbour 08</p> <p>Teacher 09</p> <p>Other(Specify.....) 96</p> <p>No one, keep it to myself 99</p>					
6.7	<p>Do you normally have someone to cook for you everyday?</p> <p><b>ONLY ONE RESPONSE IS POSSIBLE.</b></p> <p><b>DO NOT READ THE LIST. IF MORE THAN ONE RESPONSE IS GIVEN, ASK, WHO USUALLY COOKS FOR YOU</b></p>	<p>Mother 01</p> <p>Father 02</p> <p>Caretaker 03</p> <p>Other adults 04</p> <p>Other children 05</p> <p>Self 06</p> <p>Nobody 07</p>					
How often would you say that...							
6.8	You go to school hungry/you stay hungry in the morning?	1	2	3	4	8	
6.9	You stay hungry during the day?	1	2	3	4	8	
6.10	You sleep hungry?	1	2	3	4	8	
6.11	<p><b>( When is the last time you were ill...?)</b></p> <p>How often would you say that when you are ill there is someone to take you to seek care/treatment?</p>	1	2	3	4	8	
6.12	<p>Who normally takes you to seek treatment?</p> <p><b>ONLY ONE RESPONSE IS POSSIBLE.</b></p> <p><b>DO NOT READ THE LIST. IF MORE THAN ONE RESPONSE IS GIVEN, ASK, WHO USUALLY TAKES YOU TO SEEK CARE</b></p>	<p>Mother 01</p> <p>Father 02</p> <p>Guardian 03</p> <p>Step-, foster siblings 06</p> <p>Friends, other children 07</p> <p>Adult Relatives 08</p> <p>Other adults 09</p> <p>No one 99</p>					

7.0	PHYSICAL HEALTH						
	1=Never; 2=Sometimes; 3=Often; 4=Always/Everyday; 8=Don't Know How often would you say that...						
7.1	You feel unwell/ill?	1	2	3	4	8	
7.2	You feel pain (not related to being beaten)?	1	2	3	4	8	
7.3	You feel very tired	1	2	3	4	8	
7.4	Feel strong and full of energy?	1	2	3	4	8	
7.5	You have no appetite due to illness?	1	2	3	4	8	
8.0	CHILD'S ATTITUDE TOWARDS SCHOOL						
	(Show picture of children in school) As we come to the end of our story, we have a picture of Juma/Maria working hard in school... FW: THIS IS FOR CHILDREN WHO HAVE EVER BEEN TO SCHOOL. IF EVER BEEN TO SCHOOL BUT NOW NOT IN SCHOOL, ASK HOW THEY FELT WHEN THEY WERE IN SCHOOL. IF NEVER BEEN TO SCHOOL, SKIP TO 9.0. How often would you say that...						
8.1	You are happy with schoolwork in school?	1	2	3	4	8	
8.2	Teachers are nice?	1	2	3	4	8	
8.3	Teachers are bad?	1	2	3	4	8	
8.4	You do not feel like going to school?	1	2	3	4	8	
8.5	You feel like dropping out of school	1	2	3	4	8	
8.6	You feel like staying longer in school when other children go home?	1	2	3	4	8	9.0
8.7	Why do you feel like staying in school longer? ONLY ONE RESPONSE IS POSSIBLE. DO NOT READ THE LIST. IF MORE THAN ONE RESPONSE IS GIVEN, ASK FOR THE MAIN REASON	To read/do schoolwork I like/liked being in school To play/be with friends I don't/didn't like being at home Other					a b c d e

<b>9.0</b>	<b>General Questions</b>		
9.1	When you grow-up, whom would like to be like?  <b>INDICATE NAME AND RELATIONSHIP ON THE PERSON TO THE CHILD IF ANY..E.G. IF CHILD SAYS MOTHER, FRIEND, ETC INDICATE SO</b>	Name ..... Relation (if any)..... Profession ..... No one 0 Don't Know 8	
9.2	Why would you like to be like him/her?	..... .....	
<b>10.0</b>	<b>ANTHROPOMETRIC MEASUREMENTS</b>		
	<i>Now we are going to measure your height and weight...</i>  <b>REFER TO INSTRUCTIONS AND ILLUSTRATIONS IN YOUR MANUAL</b>  <b>HEIGHT MEASUREMENT</b>		
10.1	ENTER THE MEASURED HEIGHT (TO THE NEAREST 0.1CM) IN THE BOXES ON THE RIGHT	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> . <input type="text"/>	
	<b>WEIGHT MEASUREMENT</b>		
10.2	ENTER THE <b>WEIGHT OF THE CHILD</b> IN KG (TO THE NEAREST 0.1 KG)	<input type="text"/> <input type="text"/> <input type="text"/> . <input type="text"/>	
<b>11.0</b>	<b>GENERAL COMMENTS AND END OF INTERVIEW</b>		
11.1	RECORD ANY GENERAL COMMENTS ABOUT INTERVIEW ..... .....		
11.2	RESULT OF INTERVIEW <input type="text"/> 1=FULLY COMPLETED; 2=PARTIALLY COMPLETED; 3=CAREGIVER REFUSED; 4=CHILD REFUSED; 5=MIGRATED; 6=WHEREABOUTS UNKNOWN; 7=OTHER SPECIFY.....)		
	<b>THANK THE CHILD (AND THE PARENT/CAREGIVER FOR COOPERATION)</b>		
11.3	END TIME	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	
<b>12.0</b>	<b>OFFICE/FIELD CHECK DETAILS</b>		
12.1	EDITOR'S CODE	<input type="text"/> <input type="text"/>	
12.2	TEAM LEADER'S CODE	<input type="text"/> <input type="text"/>	
12.3	FIELD SUPERVISOR'S	<input type="text"/> <input type="text"/>	
12.4	DATA ENTRY CLERK'S CODE	<input type="text"/> <input type="text"/>	